

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

CODE NO.: PSY 102-3

SEMESTER: FALL

PROGRAM: VARIOUS

AUTHOR: SOCIAL SCIENCES DEPARTMENT

DATE: SEPTEMBER 1992

PREVIOUS OUTLINE DATED: SEPTEMBER 1991

APPROVED: NADEAN KOCH, DEAN, SCHOOL OF CK**fc n >'2.
ARTS AND GENERAL EDUCATION DATE

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COURSE DESCRIPTION

A study of the science of psychology; its methods, concepts and theories, including the topic areas of: (1) brain, consciousness and perceptual processes; (2) learning and memory; (3) thought and language; (4) motivation and emotion. Psychological concepts and theories will be studied with a view towards how they can be applied to enhance the student's understanding of psychological adaptation and the causes and consequences of human behaviour.

COURSE OBJECTIVES

To be able to critically discuss and demonstrate, through oral and written responses, an understanding of:

- 1) the methods, concepts and theories of the science of psychology
- 2) the human brain, consciousness and perceptual processes
- 3) the principles of human learning, memory, thought and language
- 4) the basic principles of human emotion and motivational processes
- 5) how psychological concepts and theories can be applied towards enhancing our understanding of the causes and consequences of human behaviour

TEXTBOOKS

Introduction to Psychology. Second Edition.
Plotnik, R., Random House, 1989

NOTE: Additional readings and student viewings of audio-visual materials will be assigned during the course, at the discretion of the instructor. The **exact dates of tests** referred to in the "Syllabus" section will be announced in class. Students will also be responsible for understanding audio-visual, lecture and class discussion material presented during the course.

NOTE: To help you succeed in this course (and others) please read Modules #18 and #19 before starting section #1 readings. This information about how your memory works, really can help you to improve your memory.

SYLLABUS

Topics - Section #1 (assigned readings)

- Chapter 1 - (Modules 1, 2, & 3)
- discovering and defining psychology, theories and research methods, determining causes of behaviour
- Chapter 2 - (Modules 5 & 6)
- basic organization of the nervous system
 - brain function, damage and recovery

TEST #1 Date T.B.A. (approximately 1/4 point of the semester) covering all of section #1 assigned readings

Topics - Section #2 (assigned readings)

Chapter 4 - (Modules 10, 11 and 12)
- perception
- interaction of heredity and learning
- expectations, perceptual sets, subliminal perception and E.S.P.

Chapter 5 - (Modules 13, 14 and 15)
- states of awareness
- consciousness, sleep and dreaming
- hypnosis, drugs and awareness

TEST #2 Date T.B.A. (approximately 1/2 point of the semester covering all of section #2 assigned readings)

Topics - Section #3 (assigned readings)

Chapter 6 - (Modules 16 & 17)
- learning
- classical and operant conditioning
- generalization, discrimination, extinction and punishment

Chapter 7 - (Modules 18 & 19)
- remembering and forgetting
- memory processes and stages
- retrieval, organization of memory and reasons for forgetting

TEST #3 Date T.B.A. (approximately at the 3/4 point of the semester) covering all of section #3 assigned readings

Topics - Section #4 (assigned readings)

Chapter 8 - (Modules 21 and 22)
- thought and language

Chapter 9 - (Modules 23, 24, and 25)
- motivation and emotion; theories and research

TEST #4 Date T.B.A. at the end of the semester covering all of section #4 assigned readings.

INSTRUCTIONAL METHODOLOGY

Student learning will be facilitated by lectures, class discussions and audio-visual presentations.

EVALUATION

Students will be responsible for regular attendance and class participation in all areas of the course as outlined and for all readings assignments and tests as requested. The course curriculum and evaluation system can be modified at the discretion of the instructor.

NOTE: Students unable to write tests as regularly scheduled must:

1. notify the instructor as soon as possible to make alternative testing arrangements and
2. be prepared to document (i.e. physician's note) their need for special arrangements.

THE FINAL COURSE GRADE WILL BE DETERMINED AS FOLLOWS:

Section #1 Test	25%
Section #2 Test	25%
Section #3 Test	25%
Section #4 Test	25%
TOTAL	100%

A grade of A+, A, B, C, or R will be awarded upon completion of all of the course, in accordance with the grading policy of Sault College.

A+	=	90	-	100%
A	=	80	-	89%
B	=	70	-	79%
C	=	60	-	69%
R	=	below		60%